

## Example Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunch</b>	Italian chicken served with cous cous and seasonal vegetables (Blended Italian chicken)	Moroccan lamb stew with chick peas and seasonal vegetables	Sweet potato curry served with rice and naan bread	Salmon, broccoli and cream cheese tagliatelle (Babies - Mash)	Chilli con carne served with rice (Babies - Jacket Potato)
	Quorn chicken served with cous cous and seasonal vegetables		Moroccan stew with chick peas and seasonal vegetables		3 bean chilli served with rice
<b>Dessert</b>	Raspberry and banana loaf (Babies - Raspberry and banana yogurt)	Lemon rice pudding	Natural yoghurt with apricots	Pineapple upside down cake. (Babies - Pineapple and custard)	Orange and sultana pudding
<b>Snack</b>	Cheese and crackers Served with salad	Chicken noodle soup and wholemeal roll	Homemade hummus with a selection of vegetable sticks, toasted pitta bread and breadsticks	A selection of sandwiches on wholemeal bread	Pasta pesto and peas

Breakfast is served each morning, we have a selection of cereals including bran flakes, weetabix, corn flakes and multigrain hoops. Children can choose cereal or toast followed by fresh fruit. Fruit is also served after afternoon snack.