

## Nursery updates 10<sup>th</sup> February 2020

Dear Parents/Carers,

Tomorrow is 'Safer Internet Day'. The global theme is **'together for a better internet' and this year in the UK we are putting the focus on how young people explore and express their identity online.**

**Everyone** has their part to play in making the internet a better place, including **you!**



Here are some top tips for 3-7 year olds. Let's create an internet where we are....

### Free to be ourselves

Be proud of all the things that you enjoy, and keep on trying different things too. If there are new activities that you want to do online, ask an adult first to help you find them - to check they're ok for you.

### Free to be kind

Remember, the rules that you follow every day in real life also apply when you're on the internet. It's important to treat other people the way that you would like to be treated and always think about their feelings.

### Free to play

It's really important that your parents and carers know what you enjoy doing online, so that they can help you when you need it. Using the internet together as a family is really fun, and you'll be the best teacher when it comes to showing everyone your favourite games!

### Free to be safe

Some parts of your identity must stay private. This is your 'personal information' - which includes your name, date of birth, home address, school address, email address and passwords.

### Free to talk

If anyone, or anything, online makes you feel worried, upset or uncomfortable, tell a trusted adult straight away. The sooner someone knows how you feel, the sooner you can be helped.

You can find more resources on the website below, the NSPCC also has some really useful information and tips for keeping children safe on the internet as well as how to set parental controls.

<https://www.saferinternet.org.uk/advice-centre/young-people/resources-3-11s>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

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We are still collecting for our local food bank, all donations would be much appreciated!

## SPECIAL DELIVERY!



Our eggs have arrived, we had a delivery from Acorn Farm this morning! The children will learn all about the eggs, incubation and hatching and will get to see first hand the life cycle of a chick! We are lucky enough to have the eggs for 3 weeks before they hatch so it gives the children lots of time to learn all about the egg and embryo development. Take a look, they are in shared play!

### ONLINE PARENTING COURSE

Don't forget about the online parenting course available to parents in Liverpool. The course normally ranges from £9-£39 but all parents, grandparents or carers of children aged up to 18 and living in Liverpool can access the course for free!

Go to the following website [www.inourplace.co.uk](http://www.inourplace.co.uk) You will be asked a few questions and your postcode to confirm that you are eligible to use these codes. Your responses will **not** be linked to your name. You will also be asked to create an account so that you can revisit the course anytime, on any device and resume where you left off. You will not receive any marketing emails. Your details will not be passed on to any third party, not even the council or the school.

Enter the ACCESS CODE: **PURPLE BIN**

- [Understanding your baby](#)
- [Understanding your pregnancy, labour, birth and your baby](#)
- [Understanding your child \(0-19 years, main course\)](#)
- [Understanding your teenager's brain \(short course\)](#)

Make the most of the courses whilst they are available, if you don't have access to a computer, please let us know, you can use our laptop. Has anyone completed the course? Please let us know.

Thanks, the Rosebuds Team.